

**Monday**



Organic Beef Grill (G.) in a Bun (G.)

or



(v) Vegetable and Lentil Korma (M.D.E.)  
(may contain N.)  
(v) Nut Free Schools Vegetable Korma (M.D.E.)

Everyday choose from:



(v) Jacket Potato with Cheese (D.)

or



Jacket Potato with Tuna Mayonnaise (D.E.M.F.)

or



(v) Jacket Potato with Cheese and Beans (D.)

**Tuesday**



Chicken Pie (D.G.)

or



(v) Veggie Hot Dog (G.S.SB.SU.)

**Wednesday**



Roast Pork or Gammon

or



(v) Cheesy Pasta Bake (G.D.)

**Thursday**



Pasta Bolognese (G.) Optional Cheese (D.)

or



(v) Vegetable Burrito (D.G.)

**Friday**



\*Seaside Fish Fillet (F.G.)

or



(v) Homemade Favourite Quiche (E.D.G.)



**Week 2 Dessert Menu**

Everyday we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

**Monday**

(v) Creamy Whip with Fruit (D.)  
(v,h) Homemade Favourite Cookie (G.)

**Tuesday**

(v,h) Homemade Fruit Muffin Traybake (G.E.D.)  
Ice Cream Tub (D.)

**Wednesday**

(v,h) Homemade Up Beet Chocolate Cake (G.E.)

**Thursday**

(v,h) Homemade Apple Pudding with Custard (G.D.E.)  
(v) Strawberry Swirl Mousse (D.)

**Friday**

(v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)  
Jelly with Peaches

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

**Accompaniments may vary to those shown.**

(v) Please let your school cook know if you require a hot vegetarian meal on a day when one isn't shown.

**Key**

- V = vegetarian
- D = Dairy
- N = Coconut/Nuts
- S = Sesame
- E = Egg
- G = Gluten/Wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites
- \*Salmon

